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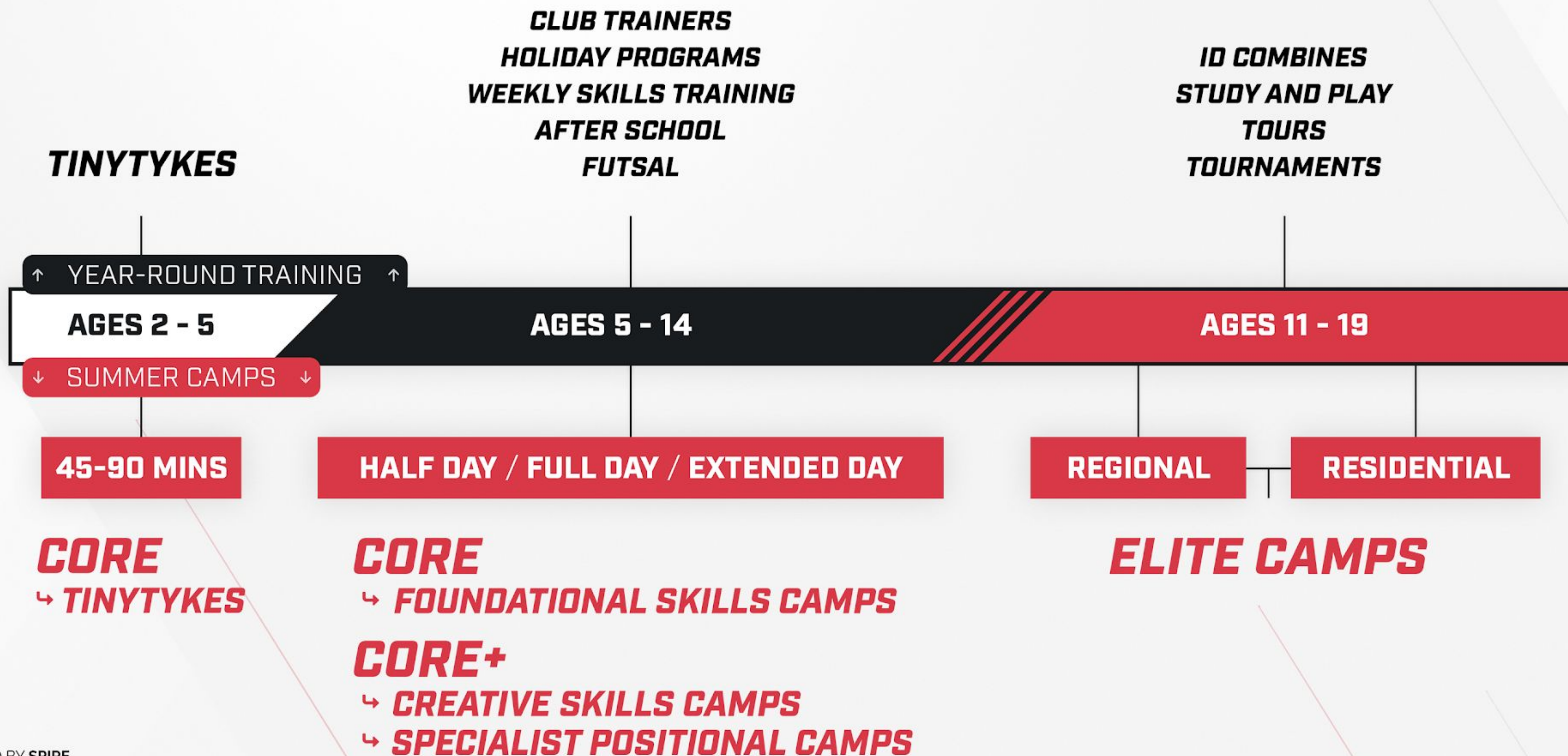
2024 CAMPS

TRADITION MEETS INNOVATION
CORE, CORE+ & ELITE CAMPS





THE CHALLENGER PATHWAY



OUR CAMPS



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Includes half, full or extended day camps that build a fun, safe and technical foundation. A proven expert curriculum being delivered by international staff. TinyTykes options available for preschool ages.



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Soccer- specific training day camps geared for the player looking to amplify their game. Includes our innovative Creative Skills Camp along with additional specialist options such as striker or goalkeeper camps.



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Delivered by Challenger Pro, offering day and residential camp options at regional or national training centers. We create an advanced player pathway aimed at collegiate preparation, tactical instruction and education on how to train like a Pro.



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CORE CAMPS

***BUILDING FOUNDATIONAL SKILLS
IN A FUN AND SAFE ENVIRONMENT***



LOVE THE GAME. LEARN THE GAME.

Here are some key considerations for parents that our fundamental to our approach

Can you educate my child? Our full-time recruitment team hires the best international or US-based staff, preparing them to deliver our expert curriculum.

Can you inspire my child? Anyone can put on a camp to fill a summer schedule. We aim to ignite the passion and we train all of our staff to lead with an infectious energy that engages players of all ages and ability.

Does this work for my schedule? Parents want flexibility. We provide that through a range of sessions that you can customize if you so please. It's your camp in your community but we'll run it for you.



Will my child improve? By focusing on a technical foundations whilst creating a positive, safe and fun environment, our coaches are able to ensure that each individual develops at their own pace.

WHY WORK WITH CHALLENGER

Challenger Sports works hard to ensure what we do works for your club, here's some of the great things we provide with our camps:

- Customizable daily schedule
- Focused skill training to supplement your club
- Professional staff, equipment, registration and marketing

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- Preferred choice of week if you book early
- Profit share and coach education options available

Let us know what you need and how we can help you.



HOW WE DO IT

Our Foundational Skills Camp is designed for players aged 6-13.

We incorporate the best coaching methodologies from around the world and bring them to players across all of North America. It is more than just a soccer camp- we see ourselves as a cultural, educational, and informational program that uses soccer to teach core values of responsibility, integrity, respect, sportsmanship and leadership.

We operate in every single state & province in North America and have over 35 years experience in delivering great camps.



We take care of everything, from administration, marketing, recruitment & training, registration & all the way to camp delivery.

TINYTYKES

TinyTykes is an exciting child development program delivered through soccer. Our soccer and child development professionals have designed an innovative curriculum that takes children on 'Immersive Interactive Adventures' through fun and exciting themes.

Sessions are focused on learning motor skill development, balance, coordination, concentration, listening skills and teamwork.

With a variety of different programs for children ages 2-5 we are confident we will be able to find something perfect for your young players!

We can take care of everything, from administration, marketing, providing appropriate coaches for this



age group, registration and camp delivery, giving you complete peace of mind and a great experience for all involved.

Sessions can be set up on a weekly basis or added as a week-long summer option on one of our Foundational Skills Camps.



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CORE+ CAMPS

INSPIRING YOUR PLAYERS TO
EVOLVE, GROW AND COMPETE



EXCITE. ENGAGE. MOTIVATE.



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- Modernize Coaching Methods
- Learn to Play OR Play to Learn?
- Skill Acquisition VS Skill Deployment
- Constraints-Led - Small Sided Games
- Dynamic Skill Integration through Rapid Training Transitions (DSI-RTT)

WHY CREATIVE SKILLS?

Here are some of the great reasons to choose a Creative Skills Camp this summer.

Escape Exhaustion

Camps can be tiring experiences for players, they are often overly structured and they take away from the enjoyment factor.

No More Dull Drills

Traditional camps can often involve monotonous, isolated drills that can leave players disengaged from learning.

Alternative to Demands

With soccer seasons becoming more demanding, players seek something refreshing.

Summer Freedom

Summer is an opportunity for carefree, fun soccer — no pressure, just playtime.



CREATIVESKILLS

Creative Skills offers a wide variety of fun & games, with soccer at its core, through its innovative & exciting camp concept.

On the camp, players will have a wide variety of fun & unique soccer games to play, learning the advanced street skills from international expert coaches, make use of our incredible 3v3 inflatable fields and take home lasting memories of their time on camp with Creative Skills.

Creative Skills is part of Challenger's Core+ Camps and are week-long half day camps for players typically aged 6-18.



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2024 DESIGN TBD

Core+ Camps have all the fantastic offerings that come with our regular Core Camps, from a great campers package specifically for Creative Skills Camps and access to a wealth of online education & resources for coaches & volunteers.

SPECIALIST CAMPS

Give your membership and your community something different that they really have a need for.

Goalkeeper Camps — Our professional goalkeeper staff will lead sessions that instruct and demonstrate proper techniques for: shot stopping, handling, footwork, diving techniques, crossing, distribution, 1v1's and decision-making.

Based upon our legacy program SoccerPlus and integrated with our Goalkeeper options on our Elite Camps.

Striker Camps — The hardest thing to do on a soccer field is score goals. Our program puts heavy emphasis on functional training in the offensive third and is all



about increasing individual attacking skills and becoming a more effective finishers. Campers will concentrate on scoring goals from many angles, from various services and by using multiple finishing techniques.



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ELITE CAMPS

ADVANCED PLAYER PATHWAYS



BE PREPARED. BE SEEN.

PARENTS WANT THEIR LOCAL CLUBS TO PROVIDE A PATHWAY

Do you lose players to other clubs that parents see as a better college pathway? We can help you with that.

COLLEGIATE PREPARATION

Learn to train like a Pro, both on and off the field, and be scouted whilst doing it.

RECRUITMENT EXPOSURE

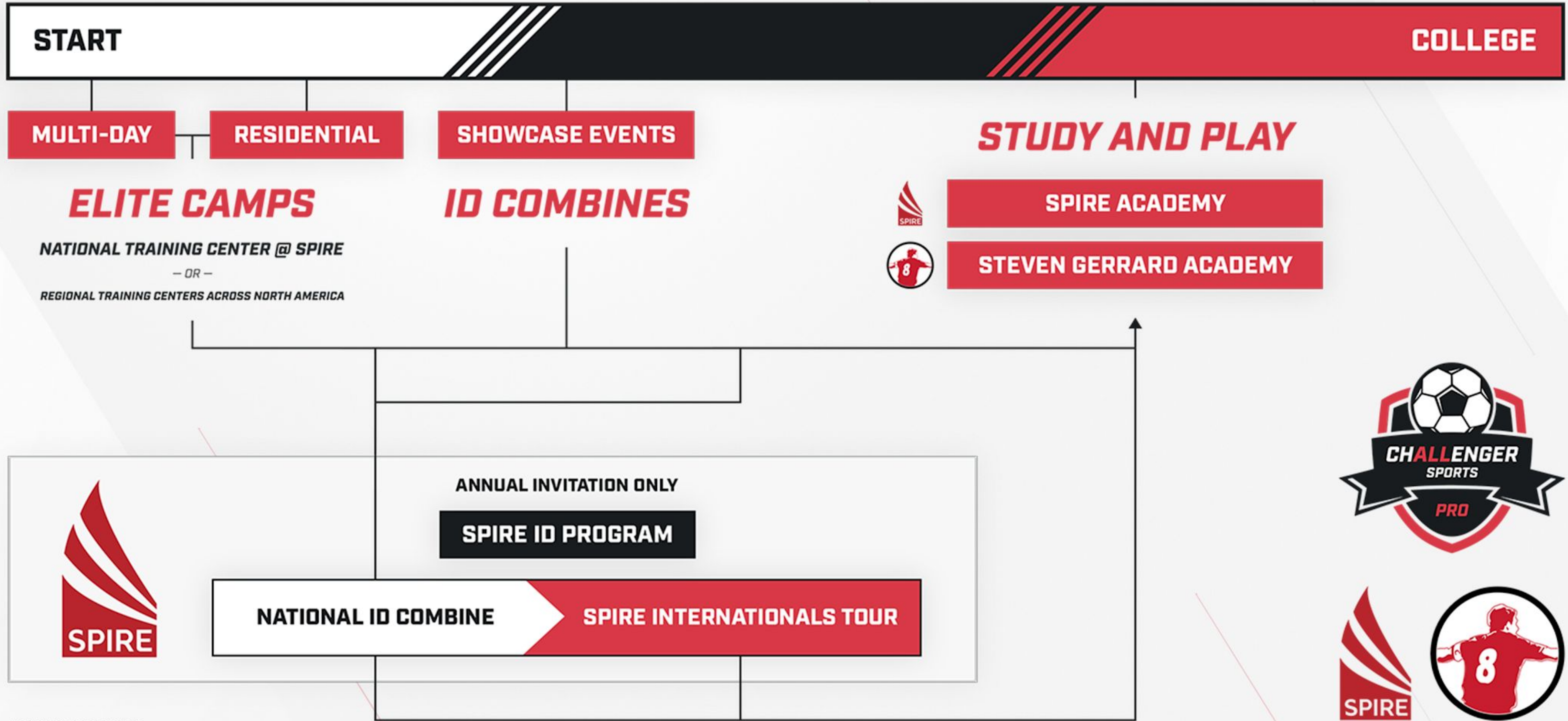
We offer a pathway to our National ID Combine which is invite only. This provides a chance to be observed by both domestic and international college coaches.



INNOVATION

There's more it than just training. We include outside partners who provide Sports Psychology and College Planner resources.

CHALLENGER PRO PATHWAY



ELITE CAMPS

Brought to you by Challenger Pro, our Elite Camps are highly competitive with specific focus on collegiate preparation and educating our younger players on how to train accordingly.

We have residential summer camps at the SPIRE Academy in North Cleveland, OH which acts as our National Training Center. Camp runs from Sunday to Thursday and is aimed at players aged 13 years+. Occasionally we will offer other overnight camps at Regional Training Centers. Commuter options may sometimes be provided.

Alternatively, we also run day camps for elite players 11 years+ at various Regional Training Centers across North America. Again, these are aimed at players at a competitive level and will focus on collegiate



preparation, including classroom sessions.

Both types of camp are part of our SPIRE ID Program, which culminates with an invite only National ID Combine, possible international tour and exposure to be added to our Study and Play program. All of this is overseen by Challenger Pro.

ELITE CAMPS *SCHEDULE*

DAY CAMPS

Part of Challenger Pro's Elite Camps offerings and based upon the Post To Post & SoccerPlus curriculum that has helped support advanced players for over a decade in North America.

Learn the expectations needed to transition from a recreational player to a player qualified to compete at the ECNL, ODP and Collegiate levels.

Monday to Friday, 9 AM - 3 PM. Depending on the type of program, a merchandise package may also be included.

MONDAY

Time	Activity
8:00 AM	Registration
9:00 AM	Warm up and activation exercise
9:30 AM	Technique of basic striking and shooting techniques
11:00 AM	Break
11:15 AM	Attitude & composure in a game
12:00 PM	Lunch
1:00 PM	Warm up
1:15 PM	Crossing & Finishing
2:30 - 3 PM	Small sided games

TUESDAY

Time	Activity
9:00 AM	Warm up
9:15 AM	Technique of striking volleys and half-volleys
10:45 AM	Break
11:00 AM	Conditioned games focused on attacking
12:00 PM	Lunch
1:00 PM	Warm up
1:15 - 3 PM	Breakaways & functional play

WEDNESDAY

Time	Activity
9:00 AM	Warm up
9:15 AM	Technique of striking side-volleys
10:45 AM	Break
11:00 AM	Technical session on serving crosses
12:00 PM	Lunch
1:00 PM	Warm up
1:15 PM	Combining midfield roles
2:30 - 3 PM	11v11 games to identify player positions

THURSDAY

Time	Activity
9:00 AM	Warm up
9:15 AM	Review all techniques
10:45 AM	Break
11:00 AM	Shielding & separation from the defender
12:00 PM	Lunch
1:00 PM	Warm up
1:15 PM	Functional training
2:30 - 3 PM	Coached games

FRIDAY

Time	Activity
9:00 AM	Warm up
9:15 AM	Technical defending practice
10:45 AM	Break
11:00 AM	All aspects of tackling
12:00 PM	Lunch
1:00 PM	Warm up
1:15 PM	11v11 Identification of players
2:45 - 3 PM	Closing address & conclusion of camp

RESIDENTIAL CAMPS

Part of Challenger Pro's Elite Camps offerings and based upon the Post To Post & SoccerPlus curriculum that has helped support advanced players for over a decade in North America.

Learn the expectations needed to compete at the ECNL, ODP and Collegiate levels. Residential Player Pathway, includes full bed, meal plans and classroom sessions.

Registration typically occurs on a Sunday evening and camp will finish on a Thursday afternoon. Depending on the type of program, a merchandise package may also be included.

SUNDAY

Time	Activity
12:00 PM	Arrive and check-in
2 PM	Introductions & opening field sessions

SAMPLE DAY (Mon/Wed/Thurs)

Time	Activity
7:00 AM	Wake up & breakfast
8:00 AM	Meet group/instructor
8:30 AM	Gear up/dynamic warm up
8:45 AM	Technical topic of the day
9:30 AM	Technical/tactical training

SAMPLE DAY CONT.

10:45 AM	Cont. Training or Video Session
11:30 AM	Return to dorms, lunch and rest
12:45 PM	Lecture and/or team building
2:30 PM	Warm up/stretching
3:00 PM	Functional training and technical
4:00 PM	Match-related session
4:30 PM	Cool down/abdominal work
5:00 PM	Dinner
6:15 PM	Meet group/instructor
6:30 PM	Evening Training Game
8:15 PM	Cool down
8:30 PM	Back to dorms for shower
9:00 PM	Evening classroom session
10:30 PM	Lights out

THURSDAY

Time	Activity
7:00 AM	Wake up & breakfast
8:30 AM	Gear up / dynamic warm up
8:45 AM	Training topic of the day
9:30 AM	Small sided games
10:30 AM	11v11 Games / 1V1 Evaluations
12:00 PM	Closing ceremony / Eat lunch / Campers released and residential campers return to dorm rooms to check out by 2:00 PM



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ELITE CAMPS CURRICULUM

FIELD PLAYERS

Our field player curriculum has been created by experts who understand what it takes to create truly great players on the field.

Our expert curriculum has a track record of success for field players and helps players realize their full potential by focusing on their specific position goals.

TECHNICAL TRAINING

- Scoring under pressure
- Creating separation
- What surface of the foot to use and when?
- Taking players on, when & how
- Developing a level of comfort with the ball
- Long range shooting, including chipping
- Receiving the ball under pressure
- Precision weighted passing
- Tackling — When to stand, when to go to ground
- Heading for goal & clearances
- Proper warm ups & cool downs
- Defending

TACTICAL TRAINING

- Developing a soccer mentality
- Attacking & defensive principles
- Creating separation for defenders to enable goal scoring opportunities
- Attacking against one or multiple defenders
- Defending against multiple attackers
- Strategically changing the point of attack
- Breakaway situations
- Developing peripheral vision
- Defensive posture & positioning
- Transition to attack
- Transition to defend
- How to analyze soccer matches
- Runs to create separation
- Classroom video to analyze oneself
- Self-assessment

PSYCHOLOGICAL

- Motivation
- Leadership
- Character building
- Self-confidence
- Concentration

GOALKEEPERS

Our goalkeeper curriculum is no less comprehensive than our field player curriculum, built by top level professionals and continues to bring out the best in players.

With a long track record in success, our expert led curriculum is sure to help elevate your player to the next level.

TECHNICAL TRAINING

- How to extend and fall, eliminating fear of the ground.
- Basic Handling
- Angle Play / Positioning
- Lateral Mobility
- Footwork
- Catching
- Correct Stance
- Balance
- Injury Prevention
- Breakaways
- Basic understanding of goalkeeper techniques
- Footwork — Balance & Stance
- Set position
- Catching balls within extended reach
- Basic diving — collapse, low, 1v1
- Crosses — Timing, lofted and thrown
- Distribution

TACTICAL TRAINING

- Role of the goalkeeper
- Play off the goal line to support defenders and stay connected with the team
- Basic angle play
- Short stopping — try to catch the ball as much as possible
- Introduction to game management
- Basic verbal commands and introduction of how to organize defense

PHYSICAL

- Introduction of mobility, and stretching
- Athleticism and co-ordination

PSYCHOLOGICAL

- Motivation
- Leadership
- Character building
- Self-confidence
- Concentration



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ELITE CAMPS



ANNUAL INVITATION ONLY

SPIRE ID PROGRAM

NATIONAL ID COMBINE

SPIRE INTERNATIONALS TOUR

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 **1,500 PLAYERS**

- SPIRE ID Program starts on our summer camps that are operated across North America

 **150 PLAYERS**

- Progress to our National ID Combine. Annual Invitation only.

 **15 PLAYERS**

- Culminates in *potential* selection for our SPIRE Internationals Tour

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CHALLENGER ***SPORTS™***

FIND OUT MORE

CHALLENGERSPORTS.COM